

1. Non-Financial Information

Name of Organisation: Singapore Association for Mental Health Address: 69 Toa Payoh Lorong 4 #01-365 Singapore 310069	Contact Information Name of Contact Person: Ms Rajeswari K Telephone No: 6255 3222 Fax No: 6252 6834 Email Address: samhhq@singnet.com.sg Web-site Address: samhealth.org.sg
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Charity Status Charity Regn No: 0052 Charity Regn Date: 07 May 1984 Constitution: Society Date of Establishment: 17 December 1968 ROS/RCB Regn No: ROS 149/68 WEL	IPC Status Effective Date : 1 April 2004 to 31 March 2007 A Member of Health Endowment Fund
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Objectives: Vision/Mission: The Singapore Association for Mental Health (SAMH) is a voluntary welfare organisation who seeks to promote mental health, to prevent mental illness, and to improve the care and rehabilitation of the mentally ill and the emotionally disturbed. Aims The principle aims and objectives of the organisation are: <ul style="list-style-type: none">• To promote mental health and to aid the emotionally, mentally disturbed• To disseminate knowledge of the ways by which mental health may be achieved and maintained• To promote and to provide courses, lectures and conferences on mental health problems• To promote and to provide research into mental health and into emotional and mental disturbances• To promote and to provide the establishment of treatment and rehabilitation facilities for the emotionally and mentally disturbed• To supply information as to existing facilities both local and foreign for the prevention, treatment and rehabilitation of emotional and mental disturbances• To promote desirable legislation in the interest of mental health• To acquire, lease and own facilities such as homes, schools and hostels in the interest of mental health• To promote international contacts with mental health organisation throughout the world, and to assist and participate in international conference on mental health• To raise funds for the achievement of the above purposes.

Services

Presently, SAMH provides the following services for individuals and families with psychiatric, psychosocial and other social or relationship problems:

- [a] **Community Mental Health Education Programme** - for talks, film presentations, seminars and workshops, static and mobile exhibitions, mental health publications such as brochures, pamphlets, flyers and factsheets, etc. Besides the importance of early treatment, the education programme strives to reduce the misconception and the social stigma that surround mental illness.

Relaxation tapes and CDs are available in English and Mandarin. Tapes are sold at \$8 each and CDs at \$12 each. This is a little above cost of production.
- [b] **Counselling Service** - for individuals or families with psychiatric, psychological and other social or relationship problems. Counselling can be face to face with individuals and families or responding to telephone calls for assistance.
- [c] **Oasis Day Centre** - for the psychosocial rehabilitation of persons with mental illness as part of our on-going support service and continuity of treatment for social rehabilitation.
- [d] **Oasis Club** - a social rehabilitation club for the social, recreational and educational activities to help persons with mental illness to develop interpersonal relationships, social skills and self-esteem.
- [e] **Caregivers Support Group** - a support service to bring together caregivers of mentally ill persons, and significant others, with common problems to learn and help each other and render emotional, moral or material support.
- [f] **Patient Support Group** - a support service for individuals with mental disorders who are well and recovering to get together in a group for psychological and emotional support. Three groups meet the different needs of individuals suffering from schizophrenia, depression and anxiety disorders.
- [g] **Central Singapore Club 3R** - serve as a drop-in centre which caters to people who are recovering from their psychiatric conditions. The Centre provides a supportive environment where the participants are given an opportunity to work on their personal, social and vocational skills. This is in line with the motto of Club 3R where *3R represents Relax, Rehabilitation and Recovery*.
- [h] **Group Homes** - serve as an independent living facility for stabilised mentally ill persons who are gainfully employed and who will benefit from independent living because they have no place to stay or because of adverse factors in the family.
- [i] **Activity Hub @ Pelangi Village** – Provision of psychosocial rehabilitation services to residents of Pelangi Village
- [j] **Samh Helpline - 1800-2837019** - the counsellor or social worker can be contacted for information or help on mental health matters and services.

Eligibility Criteria

Individuals or families with psychiatric, psychological, emotional and other social or relationship problems can seek help.

Volunteer Opportunities

- Panel of speakers for talks on mental health
- Befriending and teaching of specific skills for the rehabilitation of persons with mental illness.

No. of Beneficiaries: <Optional>

Programs/Activities (Please refer to SAMH website : www.samhealth.org.sg)

* For current year:

* For last year:

Board Members

President	Assoc Prof Leslie Lim Eng Choon	(Psychiatrist)
Vice-president	Dr Daniel Fung Shuen Sheng	(Psychiatrist)
Honorary Secretary	Dr Lee Cheng	(Psychiatrist)
Honorary Treasurer	Dr Ong Say How	(Psychiatrist)
Committee Members	Mr Bernard Lian Thiam Huat	(Lecturer)
	Ms Catherine Chua Siew Hong	(Asst Director, Nursing)
	Mr Colin Yeo Tuck Eng	(Sales & Mktg Manager)
	Ms Elizabeth Marie Gwee Shu Hwei	(Editor)
	Mr Ong Seng Hong	(Sr Nurse Clinician)
	Mr Sim Hoe Cheong	(Product Manager)
	Ms Tan Foong Chei	(Insurance Adviser)
	Mr Tan Keng Teng	(Retired Nurse Manager)

Key Employees

Executive Director	Ms Rajeswari K
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Auditor

K C Lau & Co

2. Financial Information*

Incoming Receipts	FY2001/ 2002 (S\$'000)	FY2002/ 2003 (S\$'000)	FY2003/ 2004 (S\$'000)	FY2004/ 2005 (S\$'000)	FY2005/ 2006 (S\$'000)	Growth % 2005 vs 2006
Donations						
- Tax Deductible	349	86	148	83	109	0.31
- Non-Tax Deductible	0	34	28	32	0	(1.00)
Grants/Sponsorships	830	1,298	1,924	1,972	1,991	0.01
Membership fees	0	1	0	0	0	0.00
Investment income	13	4	2	3	8	1.67
Investment Gains	0	0	0	0	0	0.00
Others	66	51	62	65	70	0.08
Total Receipts	1,258	1,474	2,164	2,155	2,178	0.01

Expenses	FY2001/ 2002 (S\$'000)	FY2002/ 2003 (S\$'000)	FY2003/ 2004 (S\$'000)	FY2004/ 2005 (S\$'000)	FY2005/ 2006 (S\$'000)	Growth % 2005 vs 2006
Direct Charitable Expenses						
- Local	133	250	299	397	390	(0.02)
- Overseas	0	0	0	0	0	0.00
Operating/Administration Expenses	539	922	1,310	1,618	1,723	0.06
Fundraising	0	0	0	0	0	0.00
Publicity	23	15	37	47	25	(0.47)
Capital Expenses	36	80	87	83	54	(0.35)
Others	517	168	22	22	25	0.14
Total Expenditure	1,248	1,435	1,755	2,167	2,217	0.02
Excess (Deficit)	10	39	(40)	(12)	(39)	(2.25)

BALANCE SHEET	FY2001/ 2002 (S\$'000)	FY2002/ 2003 (S\$'000)	FY2003/ 2004 (S\$'000)	FY2004/ 2005 (S\$'000)	FY2005/ 2006 (S\$'000)	Growth % 2005 vs 2006
ASSETS						
Land and Building	0	0	0	0	0	0.00
Tangible Assets	124	274	287	255	208	(0.18)
Investments	0	0	0	0	0	0.00
Inventories	0	0	0	0	0	0.00
Accounts Receivable	41	68	75	69	81	0.17
Cash & Deposits	978	1,010	1,291	1,272	1,290	0.01
Others	0	0	0	0	0	0.00
Total Assets	1142	1,352	1,653	1,596	1,579	(0.01)
FUNDS <To breakdown by each fund as suggested below>						
General Fund	1,130	1,184	1,594	1,560	1,484	(0.05)
Building Fund	0	0	0	0	0	0.00
Endowment Fund	0	0	0	0	0	0.00
Total Funds	1,130	1,184	1,594	1,560	1,484	(0.05)
LIABILITIES						
Long-Term Liabilities	0	0	0	0	0	0.00
Current Liabilities	13	168	59	36	95	1.64
Total Liabilities	13	168	59	36	95	1.64
Total Liabilities and Funds	1,143	1,352	1,653	1,596	1,579	(0.09)

Other Information	FY2001/02 (S\$'000)	FY2002/03 (S\$'000)	FY2003/04 (S\$'000)	FY2004/05 (S\$'000)	FY2005/06 (S\$'000)
Donations/ Grants and Sponsorship given to other Charities (S\$'000)	0	0	0	0	0
No. of Employees	14	35	40	50	41

Total Employee Costs (S\$'000)	509	892	1,228	1,532	1,620
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***The financial information to be posted online is to be extracted from your audited accounts.**