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OBSESSIVE COMPULSIVE BEHAVIOUR

WINNING THE BULLY

Time		Title	Speakers
2.00 – 2.40pm	Topic 1:	The ABCs of OCD (Obsessive-Compulsive Disorder)	Dr Ang Yong Guan, Chairman, Action Group for Mental Illness
2.40 – 3.20pm	Topic 2:	Persuading the OCD Mind Successfully	Dr Yang Weiwen, Clinical Psychologist, Khoo Teck Puat Hospital
3.20 – 3.50pm		Break	
3.50 – 4.20pm	Topic 3:	Rescuing Your Social Life from OCD	Ms Cheryl-Ann Tong, Head, SAMH Oasis Day Centre
4.20 - 4.40pm	Topic 4:	Introduction to SAMH Oasis Day Centre	
4.40 – 5.00pm		Q & A	All Speakers

SPEAKERS

Dr Ang Yong Guan is currently in private practice as a Consultant Psychiatrist at Paragon Medical Centre, Singapore. He is the founding and current Chairman of the non-profit Action Group for Mental Illness (AGMI). Dr Ang graduated with a medical degree from the University of Singapore in 1979, and did his post-graduate training in psychiatry at the University of Edinburgh.

Dr Yang Weiwen completed his training as a Clinical Psychologist in Sydney and Queensland, Australia, and currently works in the Department of Psychological Medicine at Khoo Teck Puat Hospital. He has diverse clinical experience working with children and adults in community based mental health and psychiatric settings.

Ms Cheryl-Ann Tong is the Head of SAMH Oasis Day Centre, where she works closely with persons with mental illness to help them achieve their recovery goals. Ms Tong holds a Bachelor Degree in Special Education, and is a Certified Psychiatric Rehabilitation Practitioner. She is currently pursuing her Masters in Special Education.

Date: 28 January 2012 (Saturday)

Time: 2pm – 5pm

Venue: Health Promotion Board

Auditorium (7th floor), 3 Second Hospital Ave, (S)168937
(Nearest MRT station: Outram Park)

FREE ADMISSION

Pre-registration is required as places are limited. Please call 6283-1576, fax to 6283-2140, or email to samhcomed@gmail.com: Participant's Name, Contact number, and Email address.

Closing date for registration is 26 Jan 2012 or when seating capacity is reached, whichever is sooner. Please register early to avoid disappointment. Admission on the day will be on a first-come-first served basis.

REGISTRATION FOR PUBLIC FORUM ON 28 JAN 2012

Name: (Dr/Mr/Mrs/Mdm/Ms): _____

Contact no: (Hp) _____
(Tel) _____

No. of Participants: _____

If you wish to be on our mailing list for updates on future events, please provide us your:

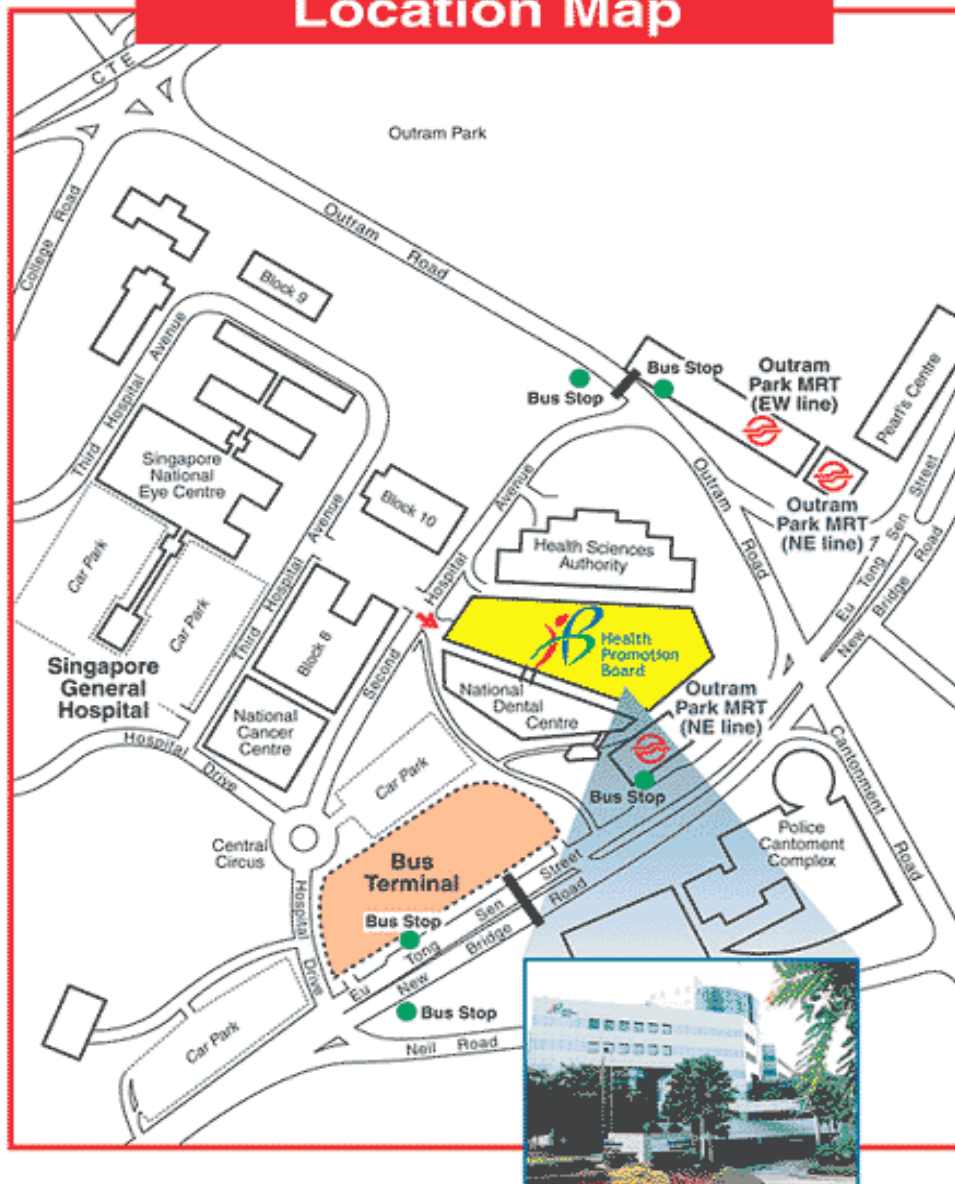
Email Address: _____


Postal Address: _____



HEALTH PROMOTION BOARD

Location Map



Bus No:	Outram Road: 33, 63, 75, 174, 851, 970, 605
	Eu Tong Sen Street: 2,12,54,61,62,103,124,143,147,166,174,190,196,197,631,642,961
 MRT Station:	Outram Park (EW Line) Outram Park (NE Line)
Parking Charges:	HPB Carpark: \$0.51 per 1/2 hour or part thereof Motorcycle: \$0.65 per entry